

Global Commodities Focus

Gold Rush—how the safe haven asset shines by enhancing portfolio returns and reducing drawdown risks

- In this report we analyze historical risk and return profiles for gold versus equities as an asset class across different market regimes, and evaluate how gold overlays can improve the risk-adjusted performance of a traditional equity/bond portfolio mix. We examine basic overlay methods and propose a simple dynamic asset allocation strategy that significantly improves returns and reduces the variance for traditional bond/equity portfolios based on three decades of market data.
- With policy uncertainty creeping higher amid murky global growth and 2020 US election outcome prospects, it is an opportune time to assess the important role gold can play in an equity and bond portfolio. Indeed, global stock market benchmarks have rebounded to record levels in recent weeks, as trade and US growth sentiment improved. And despite Comex fund gold holdings hitting a record in 3Q'19, the ratio of global gold financial AUM (ex-OTC) versus world equity market capitalization remains light at ~0.215%, only about half the cyclical peak of ~0.40%. Despite optimism about a US-China phase 1 “skinny deal”, Citi economists remain unconvinced that trade tensions will fully resolve before 2021 and indeed the trade spat could escalate again. Meanwhile, the stabilization of the US Manufacturing ISM after [flashing a recessionary signal](#) in October does not alter our US rates strategy team view of 2-3 Fed cuts in 2020 and lower for longer yields.
- Gold is a safe haven asset during periods of market volatility and macro risk aversion, evident in historical gold market outperformance during periods of [heightened geopolitical tensions](#) and steep asset market drawdowns. Late 4Q 2018 is a recent and poignant example, when the S&P 500 total return index declined ~13-15% on the back of a hawkish December FOMC, escalating US-China trade tensions, and fears of a severe global growth slowdown. While most commodities sub-indices (agriculture, energy, industrial metals) also ended the 4Q risk unwind period deeply in the red or at best unchanged, gold gained ~8%.
- Earlier this month we [reduced](#) our 0-3m spot gold point-price target from north of \$1,550/oz to \$1,485/oz, albeit we remain medium-term bulls and still project fresh cyclical highs of \$2,000/oz, which could be breached at some point over the next 12-24 months.

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Figure 3. Sharpe ratio and maximum portfolio drawdown improvement of various equity/bond portfolios since 1990 by adding static gold overlay strategies

Return						
Gold %	0:100 Equity/Bond	50:50 Equity/Bond	60:40 Equity/Bond	70:30 Equity/Bond	80:20 Equity/Bond	100:0 Equity/Bond
0%	5.91%	8.28%	8.66%	8.99%	9.29%	9.79%
2%	5.91%	8.24%	8.61%	8.94%	9.24%	9.74%
5%	5.90%	8.17%	8.54%	8.87%	9.16%	9.66%
10%	5.88%	8.05%	8.40%	8.73%	9.02%	9.52%

Volatility						
Gold %	0:100 Equity/Bond	50:50 Equity/Bond	60:40 Equity/Bond	70:30 Equity/Bond	80:20 Equity/Bond	100:0 Equity/Bond
0%	3.79%	8.73%	10.42%	12.15%	13.91%	17.46%
2%	3.75%	8.55%	10.20%	11.90%	13.62%	17.10%
5%	3.74%	8.30%	9.90%	11.53%	13.20%	16.57%
10%	3.86%	7.95%	9.44%	10.98%	12.54%	15.71%

Sharpe Ratio						
Gold %	0:100 Equity/Bond	50:50 Equity/Bond	60:40 Equity/Bond	70:30 Equity/Bond	80:20 Equity/Bond	100:0 Equity/Bond
0%	0.94	0.67	0.60	0.54	0.49	0.42
2%	0.95	0.68	0.61	0.55	0.50	0.43
5%	0.95	0.70	0.62	0.56	0.51	0.44
10%	0.92	0.71	0.64	0.58	0.53	0.45

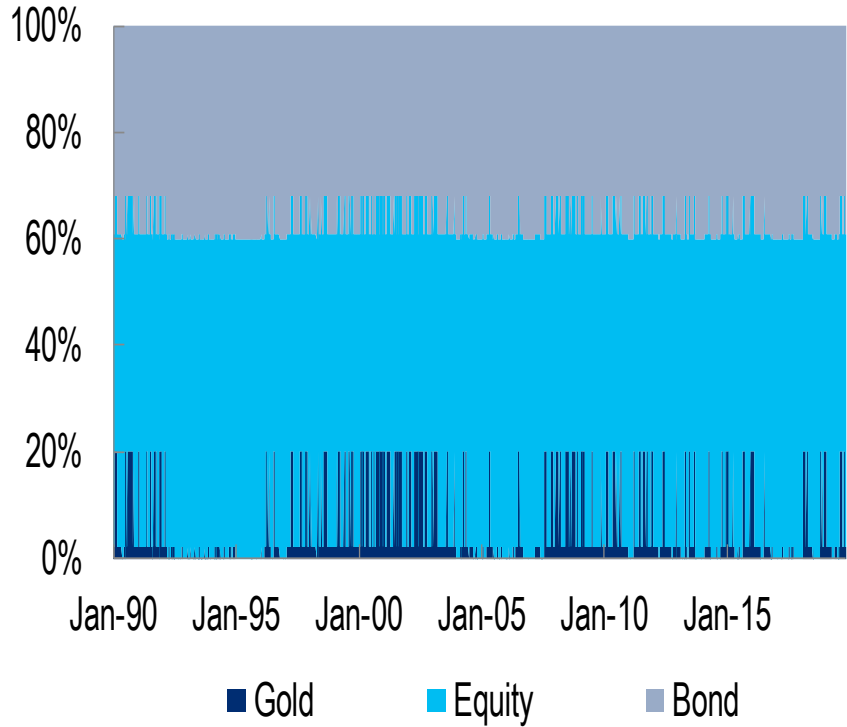
Max Drawdown (Rolling 3M) (%)						
Gold %	0:100 Equity/Bond	50:50 Equity/Bond	60:40 Equity/Bond	70:30 Equity/Bond	80:20 Equity/Bond	100:0 Equity/Bond
0%	-5.78	-23.36	-27.29	-31.10	-34.79	-41.79
2%	-5.63	-23.06	-26.92	-30.67	-34.30	-41.19
5%	-5.65	-22.62	-26.37	-30.02	-33.55	-40.28
10%	-6.13	-21.89	-25.46	-28.93	-32.31	-38.76

Source: Bloomberg, Citi Research

- **While a static gold overlay can clearly improve the risk/return profile of a traditional investment portfolio over the long term, it may not always be the optimal strategy across different market regimes.** Upon analyzing the performance of the 60/40 equity/bond portfolio with and without a 10% gold overlay during different macro market cycles over the past 30 years, we found that the static overlay generally outperformed when equities declined and experienced high volatility, while it underperformed (relatively) during robust equity bull markets, for missing out a higher equities exposure (although gold bull cycles on their own have often been coupled with higher equity prices as many retail investors view gold from the purview of wealth preservation). The impact of the Fed and rates cycle is a little less clear despite the fact that gold tends to rally in low rate/rate cut regimes.
- **To fully capture upside equity returns during bull markets and diversify the portfolio for downside protection, a relatively simple signal-based dynamic allocation to gold could outperform both the traditional portfolio and static overlay strategy.** Since post-GFC gold trading usually shows a negative relationship with equity returns and has improved the portfolio Sharpe ratio by the most during equity market downturns, we base this gold allocation signal on equity markets. We propose three different gold allocation scenarios (maximum, neutral, minimum) for a traditional 60/40 equity/bond portfolio, based on 1-month equity momentum and 3-month realized volatility. If the equity market is on an uptrend with relatively low volatility, we call it the “risk-on scenario” and allocate minimum weight to gold. If the equity market is trending down with high volatility, we call it the “risk-off scenario” and allocate maximum weight to gold. Otherwise (if market up with high volatility, or market down with low volatility), we will apply a “neutral” allocation. Gold markets are extremely liquid, with *global* daily turnover in \$notional terms nearly that of the US equity market, and they also have tight bid-offer spreads. So adding dynamic gold overlay using futures or look-alikes (e.g. swaps) should have minimal transaction costs and market impacts.

the 2019 peaks. Considering how rich equity and credit valuations already are, coupled with massive 2020 US political uncertainty, liquid gold markets seem like an attractive portfolio drawdown hedge and a way to enhance risk-adjusted returns this late in the business cycle.

Figure 6. Historical asset allocation to gold, equities, and bonds since 1990 for the dynamic overlay strategy (gold capped at 20%)



Source: Citi Research

Appendix A-1

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